Flipping Digital Distraction:
Redirecting Students' Use of Devices
Overview

• Define Digital Distraction
• Identify Strategies
• Create a Plan
Digital Distraction

How do we ensure that we are helping students take advantage of the powers of technology without losing them to the pitfalls of distraction?
5 Strategies
1

Digital Use Policy

- transparency - know what & why?
- know your audience
- clearly stated in syllabus
Policy Categories

• Ban All Devices
• Allow All Devices
• Selective/Hybrid Use
Opening Statement

- transparency
- mirror syllabus policy
- restate as needed
Direct Selective Use

• explain when & why - be specific
• take advantage of first 10 min
• include tech breaks
Classroom Mgt.

- create digital zones
- behind screen access
- use tech to untether & monitor
Pair Active Learning

- help students connect
- catalyst for discussion
- collaboration
- creation & expression
Make a Plan
create a unique plan for your classroom
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